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# Ryan G. Carlson, PhD, LPC, NCC

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## CURRICULUM VITAE

### Office Information

University of South Carolina  
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## Education

### Ph.D. in Counselor Education (CACREP Accredited), May 2012

University of Central Florida

*Dissertation Topic:* Examining relationships among income, individual and relationship distress, and outcomes in marriage and relationship education for low-to-moderate income married couples

*Dissertation Chair:* Dr. Andrew P. Daire

### Master of Arts in Counselor Education, Mental Health Counseling Track, December 2005

University of Central Florida

### Bachelor of Science in Psychology, May 2003

University of Central Florida

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## Licensing and Certification

- Licensed Professional Counselor, South Carolina: #7259
  - Licensed Mental Health Counselor, Florida: MH 9381
  - Qualified Clinical Supervisor, Mental Health Counseling (FL)
  - Qualified Clinical Supervisor, Marriage and Family Therapy (FL)
  - Nationally Certified Counselor, National Board of Certified Counselors
  - Graduate Certificate in Marriage and Family Therapy, University of Central Florida
  - Certified facilitator in PREP (Prevention and Relationship Education Program)
  - Certified facilitator in PAIRS (Practical Applications of Intimate Relationship Skills)
  - Certified facilitator in PREPARE/ENRICH
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## Awards and Honors

2021 **STAR Trainee**, Series on Training for Advanced Research selected by the UofSC Office of the Vice President for Research

- 2021 **Member Research Award**, International Association of Marriage and Family Counselors, a division of the American Counseling Association
- 2019 **Research Award**, University of South Carolina College of Education
- 2018 **Breakthrough Star in Research**, University of South Carolina Office of Vice President for Research
- 2015 **Early Career Research Award**, University of South Carolina College of Education
- 2015 **Affiliate Research Scientist**, Yvonne & Schuyler Moore Child Development Research Center, College of Education, University of South Carolina
- 2014 **Emerging Leader**, Association for Assessment and Research in Counseling (AARC), a division of the American Counseling Association
- 2014 **Don Dinkmeyer Social Interest Award**, American Counseling Association (ACA)
- 2012 **University of Central Florida Order of Pegasus Finalist**. The most prestigious award a student can attain at the University of Central Florida
- 2011 **University of Central Florida Order of Pegasus Finalist**. The most prestigious award a student can attain at the University of Central Florida
- 2011 **University of Central Florida Outstanding Research Award**. Awarded to a counselor education doctoral student who demonstrated outstanding research
- 2010 **Emerging Leader Fellow**, Southern Association for Counselor Education and Supervision (SACES)

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### Academic and Professional Experience

University of South Carolina – Columbia, SC  
**Associate Professor with Tenure, Counselor Education; Department of Educational Studies**  
2018 - Present

University of South Carolina – Columbia, SC  
**Director, Consortium for Family Strengthening Research**  
2018-Present

University of South Carolina – Columbia, SC  
**Assistant Professor, Counselor Education; Department of Educational Studies**  
2012-2018

University of Central Florida - Orlando, FL

**Associate Director & Coordinator of Clinical Services; UCF Marriage & Family Research Institute**

August 2009-2012

- Established the clinical training program for graduate counseling interns at the Marriage & Family Research Institute, including all clinical documents, policies, and procedures
- Supervised graduate student clinical interns in mental health counseling and marriage and family therapy
- Participated on grant writing teams that produced eight grant proposals since 2009 totaling more than \$10 million; Two grants were funded totaling \$5,758,583
- Served as the lead grant writer for two of the proposals – One submitted to National Institutes of Health and one submitted to Centers for Disease Control
- Authored or co-authored scholarly manuscripts submitted for publication
- Coordinated the Undergraduate Research Assistantship program for undergraduate psychology students
- Assisted in the establishment and implementation of a practicum section at the Marriage & Family Research Institute
- Developed a data-base to house assessment scores and basic demographic information for clients receiving counseling services

**Assistant Director; UCF Marriage & Family Research Institute**

December 2006-August 2009

- Coordinated hiring and managed graduate research assistants
- Helped to write the implementation plan for the Supporting Healthy Marriages *Together Project*
- Trained and supervised undergraduate Service Learning Psychology students
- Analyzed data from MFRI-related projects and assisted with writing manuscripts
- Assisted with writing grant proposals

**Private Practice - Licensed Mental Health Counselor (FL; MH 9381)**

December 2006 – March 2008: *Part-time*

- Adult individual counseling for depression, anxiety, relationship issues, and addiction
- Family counseling specializing in working with families with addictions
- Couples counseling for marital and non-marital couples using both psychotherapy and psycho education models such as PREPARE/ENRICH and PAIRS
- Group counseling for couples who have experienced addictions

**Seminole Community Mental Health Center - Co-Occurring Disorders Specialist Level II**

May 2005 – December 2006

- Conducted individual counseling sessions twice weekly for between 4 and 10 clients
- Created and maintained treatment plan for all clients, including treatment goals and interventions
- Maintained weekly progress notes on all clients
- Ran between 5 and 7 therapy and educational groups per week
- Provided family counseling to aide with discharge planning

- Participated in weekly treatment team meetings with psychiatrist, nurse practitioner, clinical director, and other treatment providers
- Worked with community agencies for clients interested in receiving additional treatment upon their discharge
- Provided counseling and other mental health services as needed for clients with substance abuse and other co-occurring disorders
- Attended training workshop on methods of treatment for clients with severe and persistent mental health disorders (e.g., schizophrenia)

### **University of Central Florida Community Counseling Clinic – Practicum Student**

August 2004 – April 2005

- Conducted individual counseling for adults, adolescents, and families for presenting issues related to mood disorders, and relationship concerns.
- Facilitated a group for adult individuals working to improve interpersonal skills
- Facilitated a group for elementary-aged students experiencing behavioral problems during class

### **Specialized Treatment, Education, & Prevention Services (STEPS) – Chemical Dependency Counselor**

August 2003 – December 2003

- Facilitated counseling and psycho-educational groups related to substance use and abstinence
- Conducted psychosocial intake interviews for adults struggling with substance abuse
- Facilitated psycho-educational groups to inmates in the Orange County jail for 6 hours each day, on topics related to life management skills (e.g., anger management and conflict resolution)

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## **Research**

### ***Refereed Publications* (N = 60)**

\* Denotes student collaborator

### *Published or In Press*

\*Thompson, C. M., & **Carlson, R. G.** (In Press). Adverse Childhood Experiences and Neuroscience-Informed Counseling: A Case for Multi-Tiered Parent Interventions in School. *Journal of Child and Adolescent Counseling*.

Barden, S. M., **Carlson, R. G.**, Dillman Taylor, D., Dickensen, T., & \*Gao, R. (2022). A randomized trial of relationship education using Within Our Reach for economically vulnerable couples. *Family Process*. <http://doi.org/10.1111/famp.12781>.

\*Craven, L. C., **Carlson, R. G.**, & \*Waddington, A. F. (2022). Using the Stages of Change to Counsel Victims of Intimate Partner Violence. *The Family Journal*. <https://doi.org/10.1177/10664807221090951>.

- \*Toomey, T. M., & **Carlson, R. G.** (2022). Leaning into counseling student discomfort around LGBTQ issues. *Journal of LGBT Issues in Counseling*, 16(1), 86-103. <https://doi.org/10.1080/15538605.2021.1972895>.
- Deaton, J. D., Wymer, B., & **Carlson, R. G.** (2021). Supervision strategies to facilitate vicarious post traumatic growth. *The Journal of Counselor Preparation and Supervision*, 14(4). Retrieved from: <https://digitalcommons.sacredheart.edu/jcps/vol14/iss4/12>.
- Barden, S. M., \*Silverio, N., \*Wilson, N., Taylor, D. D. & **Carlson, R. G.** (2021). Coping during COVID: Implementation of an online relationship education intervention for economically vulnerable couples. *Couple and Family Psychology: Research and Practice*, 10(3), 202-211. <https://doi.org/10.1037/cfp0000168>.
- Carlson, R. G.**, Barden, S. M., Locklear, L., Taylor, D. D., & \*Carroll, N. (2021). Examining quality time as a mediator of dyadic change in a randomized controlled trial of relationship education for low-income couples. *Journal of Marital and Family Therapy*, 48(2), 484-501. <https://doi.org/10.1111/jmft.12554>.
- Wheeler, N. J., **Carlson, R. G.**, \*Waleed, S. Y., & Hipp, C. J. (2021). Adverse childhood experiences as predictors of differences in intimate justice, conflict, control, and power in intimate relationships. *Journal of Family Violence*. <https://doi.org/10.1007/s10896-021-00288-z>.
- Barden, S. M., **Carlson, R. G.**, \*Toomey, T. M., \*Locklear, L., Dillman Taylor, D., & \*Silverio, N. (2021). Examining the effects of relationship education for same-sex couples: A randomized controlled trial. *Marriage & Family Review*. <https://doi.org/10.1080/01494929.2021.1921896>.
- Wallace, D., **Carlson, R. G.**, & Ohrt, J. H. (2021). Culturally adapted CBT in the treatment of panic episodes and depression of African American woman: A clinical case illustration. *Journal of Mental Health Counseling*, 43(1), 40-58. <https://doi.org/10.1774/mehc.43.1.03>.
- Carlson, R. G.**, Wheeler, N. J., Barden, S. M., Romagnolo, S., Dillman Taylor, D., Hipp, C. J., \*Silverio, N., & Moran, M. (2021). Using intent to attend as a predictor of retention in community-based relationship education. *Family Process*, 61(1), 130-145. <https://doi.org/10.1111/famp.12662>.
- Hipp, C. J., & **Carlson, R. G.** (2021). The dyadic association among technofence and relationship and sexual satisfaction for young adult couples. *Journal of Sex & Marital Therapy*. 47(5), 508-520. <https://doi.org/10.1080/0092623X.2021.1922562>.
- Carlson, R. G.**, Dillman Taylor, D., Barden, S. M., Olejarczyk, J., & \*Glascoe, G. (2021). Effects of individual-oriented relationship education on parents: A randomized controlled trial. *Journal of Family Psychology*. <https://doi.org/10.1037/fam0000852>.

- Barden, S. M., Dillman Taylor, D., Silverio, N., **Carlson, R. G.**, Whitbeck, M., Carroll, N., & Velez, M. (2021). Motivations to enroll and engage in relationship education programs: A qualitative investigation of key process factors. *Journal of Couple & Relationship Therapy*. <https://doi.org/10.1080/15332691.2020.1867685>.
- Mulvey, K. M., Gönültaş, S., Irdam, G., **Carlson, R. G.**, DiStefano, C., & Irvin, M. J. (2021). School and teacher related factors that promote adolescents' inclusive tendencies. *Frontiers in Psychology*. <https://doi.org/10.3389/fpsyg.2020.581089>.
- Mulvey, K. L., Gönültaş, S., Hope, E., Hoffman, A. J., DiStefano, C., Irvin, M. J., & **Carlson, R. G.** (2020). The complex nature of youth aggression: Relations between cognition, discrimination, and peer perceptions of bullying involvement. *Youth and Societies*. <https://doi.org/10.1177/0044118X20920085>.
- Carlson, R. G.**, Wheeler, N. J., Liu, X., \*Hipp, C., & Daire, A. P. (2020). The relationship between social support and family relationships among low-income couples attending relationship education. *Family Process*. doi: 10.1111/famp.12499
- Stanley, S. M., **Carlson, R. G.**, Rhoades, G. K., Markman, H. J., Ritchie, L. L., & Hawkins, A. J. (2020). Best practices in relationship education focused on intimate relationships. *Family Relations*, 69(3), 497-519. doi: 10.1111/fare.12419
- Limberg, D., Ohrt, J., **Carlson, R. G.**, Bordonada, T., Bates, D., \*Wymer, B., & \*Guest, J. (2020). School counselors' experiences and responses during the South Carolina 1,000 year flood. *Professional School Counseling*, 23(1), 1-10. doi: 10.1177/2156759X19877353
- Daire, A. P., Williams, B., Griffith, S., Wheeler, N. J., Tucker, K., Liu, X., Broyles, A., **Carlson, R. G.**, & Spears, N. (2020). Relationship distress in couples with and without reported existing cardiovascular risk factors: Making a case for relationship education (RE). *The Family Journal*, 28(1), 40-47. doi: 10.1177/1066480719895562.
- Carlson, R. G.**, Hock, R., George, M., \*Kumpiene, G., Yell, M., \*McCartney, E. D., Riddle, D., & Weist, M. (2020). Relational factors influencing parents' engagement in special education for high school youth with emotional/behavioral disorders. *Behavioral Disorders*, 42(2), 102-116. doi: 10.1177/0198742919883276
- \*Guest, J., & **Carlson, R. G.** (2019). Using mindfulness strategies to manage negative countertransference and feelings of dislike while working with children exhibiting externalized behaviors. *Journal of Psychotherapy Integration*, 29(4), 426-439. <https://doi.org/10.1037/int0000183>.
- Gönültaş, S., Mulvey, K. L., Irdam, G., Goff, E., Irvin, M. J., **Carlson, R. G.**, & DiStefano, C. (2019). The role of social-emotional factors in bystanders' judgments and responses to initial peer aggression and retaliation in adolescence. *Journal of Emotional and Behavioral Disorders*. doi: 10.1177/1063426619870492.

- Ohrt, J. H., \*Wymer, B. C., \*Guest, J. D., Limberg, D., **Carlson, R. G.**, & \*Deaton J. (2019). Counselor preparation for working with at-risk youth. *Journal of Child and Adolescent Counseling*. doi: 10.1080/23727810.2019.1586417
- Liu, X., **Carlson, R. G.**, & Kelley, K. (2019). Common language effect size for correlations. *Journal of General Psychology*. doi: 10.1080/00221309.2019.1585321.
- \*Hipp, C, & **Carlson, R. G.** (2019). Comfort in treating sexual problems: Current training and counselor self-efficacy. *The Family Journal*, 27(2), 105-114. doi: 10.1177/1066480719835342.
- Mulvey, K. L., Gönültaş, S., Goff, E., Irdam, G., **Carlson, R. G.**, DiStefano, D., & Irvin, M. J. (2019). School and family factors predicting adolescent cognition regarding bystander intervention in response to bullying and victim retaliation. *Journal of Youth and Adolescence*. doi: 10.1007/s10964-018-0941-3
- \*Wymer, B., & **Carlson, R. G.** (2019). Engaging foster parents in child trauma treatment: Strategies for counselors. *Journal of Child and Adolescent Counseling*. doi: 10.1080/23727810.2019.1609836
- Mulvey, K. L., McMillian, L. E., Irvin, M., & **Carlson, R. G.** (2018). Youth cognition surrounding bullying of peers with disabilities: Inclusion, intervention and the role of the group. *Journal of Emotional and Behavioral Disorders*. doi: 10.1177/1063426618799737
- \*Feather, K., & **Carlson, R. G.** (2018). Investigating disability content within CACREP programs: Rethinking counselor education training. *Journal of Multicultural Counseling and Development*, 47, 19-36. doi: 10.1002/jmcd.12118
- Wheeler, N. J., Daire, A. P., Barden, S. M., & **Carlson, R. G.** (2018). Relationship distress as a mediator of adverse childhood experiences and health: Implications for clinical Practice with economically vulnerable racial and ethnic minorities. *Family Process*. doi: 10.1111/famp.12392
- Lowe, C., Gibson, D. G., & **Carlson, R. G.** (2018). Examining the relationship between school counselors' age, years of experience, school setting, and self-perceived transformational leadership skills. *Professional School Counseling*, 21(1b). doi: 10.1177/2156759X18773580.
- Carlson, R. G.**, Wheeler, N. J., & \*Adams, J. J. (2018). The influence of individual-oriented relationship education on equality and conflict-related behaviors. *Journal of Counseling & Development*, 96(2), 144-154. doi: 10.1002/jcad.12188.
- \*Wofford, J. R., & **Carlson, R. G.** (2017). A literature review and case study on the strengths and struggles of typically developing siblings of persons with disabilities. *The Family Journal*, 25(4), 398-406. doi: 10.1177/1066480717732167.

- Carlson, R. G.,** Rogers, T. L., Wheeler, N. J., Kelchner, V., Griffith, S-A. M., & Liu, X. (2017). The Continuum of Conflict and Control Relationship Scale (CCC-RS): Psychometrics for a measure designed to discriminate among types of intimate partner violence. *Measurement and Evaluation in Counseling and Development, 50*(3), 155-169. doi: 10.1080/07481756.2017.1320945.
- Evadne, N., Daire, A. P., **Carlson, R. G.,** & Munyon, M. (2017). Analysis of marital expectations in African immigrant and United States-born married couples. *The Qualitative Report, 22*(3), 831-848.
- Fripp, J. A., & **Carlson, R. G.** (2017). Exploring the influence of attitudes and stigma on participation of African American and Latino populations in mental health services. *Journal of Multicultural Counseling and Development, 45*, 80-94. doi: 10.1002/jmcd.12066.
- Carlson, R. G.,** Rappleyea, D., Daire, A. P., Harris, S. H., & Liu, S. (2017). A comparison of high and low-risk couples' outcomes in couple and relationship education. *Family Process, 56*(1), 91-104. doi: 10.1111/famp.12172.
- Gutierrez, D., **Carlson, R. G.,** Daire, A. P., & Young, M. E. (2017). Evaluating treatment outcomes using the integrative model for brief couples counseling: A pilot study. *The Family Journal, 25*(1), 5-12. doi: 10.1177/1066480716678619.
- Carlson, R. G.,** Case Pease, J., Wheeler, N. J., Liu, X., McDonald, J., & Strawn, L. (2017). Characteristics of couples who attend family services counselor visits in relationship education. *Marriage & Family Review, 53*(1). doi: 10.1080/01494929.2016.1204407
- Carlson, R. G.,** \*Fripp, J., \*Cook, C., & \*Kelchner, V. (2015). Examining intimate partner violence, stress, and technology among young adults. *The Professional Counselor, 5*(3), 365-378. doi: 10.15241/rgc.5.3.365
- Barden, S. M., **Carlson, R. G.,** Daire, A. P., Finell, L. R., \*Christopher, K., & \*Young, E. (2015). Investigating the influence of relationship education on parental attitudes. *Marriage & Family Review, 51*(3), 246-263. doi: 10.1080/01494929.2015.1031422
- Marciano, S. T., Drasgow, E., & **Carlson, R. G.** (2015). Marital experiences of couples who include a child with autism. *The Family Journal, 23*(2), 132-140. doi: 10.1177/1066480714564315
- Carlson, R. G.,** Barden, S. M., Daire, A. P., & \*Greene, J. (2014). Influence of relationship education on relationship satisfaction for low-income couples. *Journal of Counseling and Development, 92*(4), 418-427. doi: 10.1002/j.1556-6676.2014.00168.x
- Haber, R., **Carlson, R. G.,** & \*Braga, C. (2014). Use of an anecdotal client feedback form in family therapy. *Family Process, 53*(2), 307-317. doi: 10.1111/famp.12070



- Carlson, R. G.,** Daire, A. P., & Bai, H. (2014). Examining relationship satisfaction and individual distress for low-to-moderate income couples in relationship education. *The Family Journal, 22*(3), 282-291. doi: 10.1177/1066480714529741
- Carlson, R. G.,** Barden, M. S., Daire, A. P., & \*Swartz, M. (2014). Examining parental alliance for low-income participants who attend relationship education with or without a partner. *Journal of Couple and Relationship Therapy, 13*(2), 153-170. doi: 10.1080/15332691.2013.871615
- Daire, A. P., \*Dominguez, V. N., **Carlson, R. G.,** & Case-Pease, J. (2014). Family adjustment measure: Scale construction and validation. *Measurement and Evaluation in Counseling and Development, 47*(2), 91-101. doi: 10.1177/0748175614522270
- Carlson, R. G.,** \*Gutierrez, D., Daire, A. P., & \*Hall, K. (2014). Does frequency of speaker-listener technique use influence relationship satisfaction? *Journal of Psychotherapy Integration, 24*(1), 25-29. doi: 10.1037/a0035971
- Daire, A. P., **Carlson, R. G.,** Barden, S. M., & Jacobson, L. (2014). Intimate partner violence (IPV) protocol readiness model. *The Family Journal, 22*(2), 170-178. doi: 10.1177/1066480713513708
- Carlson, R. G.,** \*Fripp, J., Munyon, M. D., Daire, A. P., Johnson, J. M., & DeLorenzi, L. (2014). Examining passive and active recruitment for low-income couples in relationship education. *Marriage & Family Review, 50*(1), 76-91. doi: 10.1080/01494929.2013.851055
- Ngazimbi, E. E., Daire, A. P., Soto, D., **Carlson, R. G.,** & Munyon, M. (2013). Marital expectations and marital satisfaction between African immigrant and United States born married couples. *Journal of Psychology in Africa, 23*(2), 317-322. doi: 10.1080/14330237.2013.10820629
- Daire, A. P., Jacobson, L., & **Carlson, R. G.** (2012). Emotional stocks and bonds: A metaphorical model for conceptualizing and treating co-dependency and other forms of emotional over-investing. *American Journal of Psychotherapy 66*(3), 259-278. doi: 10.1176/appi.psychotherapy.2012.66.3.259
- Carlson, R. G.,** Daire, A. P., Munyon, M. D., & Young, M. E. (2012). A Comparison of cohabiting and non-cohabiting couples who participated in premarital counseling using the PREPARE model. *The Family Journal, 20*(12), 123-131. doi: 10.1177/1066480712441588
- Daire, A. P., Harris, S. M., **Carlson, R. G.,** Munyon, M. D., Rappeleyea, D. L., Beverly, M. G., & Hiatt, J. (2012). Fruits of improved communication: The experiences of Hispanic couples in a relationship education program. *Journal of Couple & Relationship Therapy, 11*(2), 37-41. doi: 10.1080/15332691.2012.666498

**Carlson, R. G.** & Lambie, G. W. (2012). Systemic-developmental supervision: A clinical supervisory approach for family counselor student-interns. *The Family Journal*, 20(1), 29-36. doi: 10.1177/1066480711419809

**Carlson, R. G.**, Daire, A. P., Munyon, M. D., Soto, D., Bennett, A., Marshall, D., & McKinzie, C. (2012). Examining recruitment follow-up phone calls and their influence on attendance for husbands and wives in a marriage and relationship education program. *Marriage & Family Review*, 48(1), 82-95. doi: 10.1080/01494929.2011.627493

Young, M. E., & **Carlson, R. G.** (2011). Fragile families, fragile couples [Monograph]. *Counseling and Human Development*, 43(7), 1-12.

Daire, A. P., Munyon, M. D., **Carlson, R. G.**, Kimemia, M., & Mitcham, M. (2011). Examining distress between parents of children with and without special needs. *Journal of Mental Health Counseling*, 33(2), 177-188. doi: 10.17744/mehc.33.2.qu73p03176337xx1

**Carlson, R. G.**, & Jones, K. D. (2010). Continuum of conflict and control: A conceptualization of intimate partner violence typologies. *The Family Journal*, 18(3), 248-254. doi: 10.1177/1066480710371795

#### *Manuscripts Under Review*

Dillman Taylor, D. Tabet., S. Whitbeck, M., **Carlson, R. G.**, Barden, S., & Silverio, N. (2022). *Measuring Individual Distress for Individuals in an economically Vulnerable Population*. Manuscript submitted to *The Professional Counselor*.

Wheeler, N. J., \*Hasty, J. O., **Carlson, R. G.**, & Bisola, D. (2022). *Dyadic Perceptions of Changes in Relationship Self-Regulation and Satisfaction Among Economically and Ethnically Diverse Couples in Relationship Education*. Submitted to the *Journal of Marital and Family Therapy*. **Revise and Resubmit.**

Dillman Taylor, D., Starrett, A., **Carlson, R. G.**, Barden, S. M., & Thompson, K. (2021). *Examining the Stability of Emotional Regulation and Psychological Distress for Low-Income Individuals Randomly Assigned to Receive Individual-Oriented Relationship Education*. Manuscript submitted to *Family Process*. **Revise and Resubmit.**

\*Johnson, S., & **Carlson, R. G.** (2021). *Trust and Training: Proposing a Cultural Humility Training Model in Counselor Education to Address Cultural Mistrust and Microaggressions*. Manuscript submitted to the *Journal of Multicultural Counseling and Development*. **Revise and Resubmit.**

#### *Book Chapters and Related Publications (N = 8)*

- Carlson, R. G.,** Rhoades, G. K., \*Johnson, S., Stanley, S. M., & Markman, H. J. (In Press). *Relationship Enhancement and Distress Prevention*. In Eds. Snyder, D., and Lebow, J. *Clinical Handbook for Couple Therapy*.
- Carlson, R. G.,** & Young, M. E. (2021). *Communication and Relationship Education*. In Eds. Young, M. E., Barden, S. M., & Long, L. *Counseling and Therapy for Couples*. Cengage. Belmont, CA.
- Carlson, R. G.,** Daire, A. P., & \*Hipp, C. (2020). *Early Prevention of Couple Distress: Education and Enrichment Programs and Premarital Counseling*. In Wampler, K. S., Blow, A. (Eds.), *The Handbook of Systemic Family Therapy: Volume III*. Hoboken, NJ: John Wiley & Sons.
- Carlson, R. G.,** & Rhoades, G. K. (2019). *Marriage and Relationship Education: Historical Perspectives, Current Research, and Future Directions*. In *Family Friendly Policies*. Doha International Family Institute: The Qatar Foundation.
- Carlson, R. G.** (2018). *Research, Grant Writing & Management*. In Eds. Okech, J. L. A., & Rubel, D. *Counselor Education in the 21<sup>st</sup> Century: Issues and Experiences*. American Counseling Association. Alexandria, VA.
- Carlson, R. G.** (2016). *Marriage, Couples, & Family Counseling*. In Eds. Minton, C. B., Gibson, D. M., & Morris, C. W. (2016) *Evaluating Student Learning Outcomes in Counselor Education: Workbook and Applications*. American Counseling Association. Alexandria, VA.
- Carlson, R. G.** (2012). Review of the book, *Intimacy & Desire: Awaken the passion in your relationship*, by David Schnarch. *Journal of Couple and Relationship Therapy*, 11(3), 269-270.
- Carlson, R. G.** (2013). Assessment Use at a Couples' Research Institute. In D. Hayes *Assessment in counseling: A guide to the use of psychological assessment procedures (5<sup>th</sup> Ed.)*. American Counseling Association: Alexandria, VA.

#### *Technical Evaluation Reports*

- Carlson, R. G.,** Dickenson, T., Rogers, B. D., Hipp, C. J., & Glascoe, G. (2021). Six Month Impact Evaluation of Prevention and Relationship Education Program's (PREP's) Within Our Reach in Orlando, Florida - Final Impact Evaluation Report for University of Central Florida. Submitted to the Administration for Children and Families, Office of Family Assistance. Washington, DC.  
[https://www.acf.hhs.gov/sites/default/files/documents/ofa/U\\_Central\\_FL\\_Impact\\_Report.pdf](https://www.acf.hhs.gov/sites/default/files/documents/ofa/U_Central_FL_Impact_Report.pdf)
- Carlson, R. G.,** Dickenson, T., Starrat, A., Rodgers, B., Hipp, C. J., & Glascoe, G. (2021). *Final Descriptive Evaluation Examining Participant Profiles, Recruitment, and Retention for*

*Prevention and Relationship Education Program's (PREP) Within My Reach in Orlando, Fl.* Submitted to the Administration for Children and Families, Office of Family Assistance. Washington, DC.

[https://www.acf.hhs.gov/sites/default/files/documents/ofa/U\\_Central\\_FL\\_Descriptive\\_Report.pdf](https://www.acf.hhs.gov/sites/default/files/documents/ofa/U_Central_FL_Descriptive_Report.pdf)

### ***Grant Implementation and Research Experience***

#### **UCF Marriage & Family Research Institute – Associate Project Director, *Together Project***

August 2009 – September 2011

- Monitor programmatic benchmarks and evaluate implementation of evidenced based changes for two federally funded experimental design research studies
- Develop and maintain community referral partnerships with local agencies and organizations, such as Orange County Department of Health, Seminole County Department of Health, Seminole Community College, and the Arnold Palmer Developmental Center for Infants & Children
- Supervise two full-time recruiters, four part-time graduate assistants, and nine undergraduate research assistants
- Supervise the Assistant Director of Family Services
- Oversee implementation of domestic violence screening protocol for over 1,000 couples
- Develop monthly and quarterly progress reports for project funders
- Present at the yearly grantee technical assistance conference
- Oversee data collection and imputation of research-related data

#### **UCF Marriage & Family Research Institute – Assistant Director of Intake & Recruitment, *Together Project***

December 2006 – July 2009

- Provided oversight to the recruitment of over 4,000 couples and random assignment of 876 low-income married couples with children for a national experimental study
- Monitored programmatic benchmarks and evaluated for implementation of evidenced based changes
- Established and maintained community partnerships with local agencies and organizations, such as Orange County Department of Health, Seminole Community College, and the Arnold Palmer Developmental Center for Infants & Children
- Presented the SHM Together Project to agency staff, schools, health fairs and local conferences, such as Department of Children & Family's ACCESS Community Partner Meeting
- Developed and implemented a domestic violence screening protocol in conjunction with Harbor House
- Assisted in the development of policies and procedures manual for the SHM Together Project, a national random assignment study housed within the institute
- Trained marriage and relationship educators in the 30 hour Practical Application for Intimate Relationship Skills (PAIRS) For Our Future, For Our Families curriculum

#### **UCF Marriage & Family Research Institute – Graduate Research Assistant, *Stronger Marriages Stronger Families Project***

January 2004 – May 2005

- Research Coordinator for data gathered from couple's assessments; organized and entered data into four separate databases that consisted of over 200 fields each
- Scored battery of assessments used during counseling, including: Conflict Tactics Scale, Weiss-Cerreto Marital Status Inventory, Locke-Wallace Marital Adjustment Test, Wellness Evaluation of Lifestyle, and ENRICH Couples Scale
- Participated on planning committee for Stronger Marriages and Stronger Families' first annual conference in June 2003; which included over 60 attendees, one keynote speaker, and six breakout sessions
- Attended National Foster Parent Conference, Central Florida Downe's Syndrome Buddy Walk, and other affiliated workshops and conferences to promote free counseling services offered through the Stronger Marriages and Stronger Families grant
- Received training and certification for couples counseling in the PREPARE/ENRICH model and Young and Long's Brief Couples Counseling Model

*Grants and Contracts:*

Funded

Source: Administration for Children and Families, Office of Family Assistance  
Title: UofSC Family Strengthening Evaluation subcontract for the University of Central Florida's Project Harmony

Dates: 2020-2025

Role: Principal Investigator/Evaluator

Total Grant Award: \$7,500,000

Total Subcontract Award: \$656,049

Source: University of South Carolina, College of Education  
Title: Spire of Excellence in Social, Emotional, and Behavioral Competencies in Children and Adolescents

Dates: 08/16/2018-12/30/2019

Role: Co-Investigator

Total Award: \$25,000

Source: University of South Carolina, College of Education  
Title: Discernment Counseling Training

Dates: 4/2018-1/2019

Role: Principal Investigator

Total Award: \$5,000

Source: Qatar Foundation, Doha International Family Institute  
Title: Marriage and Relationship Education: Historical Contexts, Current Research, & Future Directions.

Dates: 2/30/2018 – 7/30/2018

Role: Principal Investigator

Total Award: \$10,000

Source: Health Resources and Services Administration  
Title: Preparing Professional Counselors to Provide Effective Services to At-Risk Children, Adolescents, Transitional-Age Youth, and Families.  
Dates: 9/30/2017-9/29/2018  
Role: Co-Investigator  
Total Award: \$285,041

Source: National Institute for Justice  
Title: Youth Violence and Victimization: Predicting Responses to Peer Aggression  
Dates: 9/30/2016-9/29/2018  
Role: Co-Investigator  
Total Award: \$150,000

Source: University of South Carolina, Office of Vice President for Research  
Title: School Mental Health Response and Resilience During the 2015 South Carolina Flood  
Dates: 1/30/2016-12/30/2017  
Role: Co-Investigator  
Total Award: \$19,836

Source: Administration for Children and Families, Office of Family Assistance  
Title: UofSC Family Strengthening Evaluation subcontract for the University of Central Florida's Project Harmony  
Dates: 9/30/2015-9/29/20  
Role: Principal Investigator/Evaluator  
Total Grant Award: \$10,000,000  
Total Subcontract Award: \$636,019

Source: University of South Carolina, Office of the Provost  
Title: Judgments and Reasoning About Bullying of Youth with Disabilities: The Role of Peer and Family Contexts.  
Dates: 5/30/2015-5/30/2017  
Role: Co-Investigator  
Total Award: \$19,999

Source: University of South Carolina, Office of Vice President for Research: ASPIRE Track II  
Title: Promoting Engaged Parents in Special Education (Project PEPSE).  
Dates: 5/30/2014-8/30-2015  
Role: Co-Investigator  
Total Award: \$99,983

Source: University of South Carolina, Office of the Vice President for Research: ASPIRE I  
Title: Assessing Relationship Violence Across a Continuum: A Scale Development Project  
Dates: 5/30/2014-8/30/2015  
Role: Principal Investigator  
Total Award: \$14,994

Source: U.S. Department of Education, Office of Special Education  
Title: Preparing School Counselors as Related Service Providers for Children and Youth with Emotional and Behavioral Disorders  
Dates: 4/14/2013-4/14/2014  
Role: Project Director  
Total Award: \$42,371

Source: University of South Carolina, College of Education  
Title: Examining the Relationships Between Cyber Aggression, Attitudes Towards Violence, and IPV Typologies Among Young Adults  
Dates: 6/1/2013-5/30/2014  
Role: Principal Investigator  
Total Award: \$5,000

Source: Administration for Children and Families, Office of Family Assistance  
Title: Project TOGETHER (To Offer Great Education That Harvests Enduring Relationships)  
Dates: 9/30/2011-9/29/2012  
Role: Project Director  
Total Award: \$2,184,000

Under Review

Source: National Institutes of Health, National Institute for Child Health and Human Development  
Title: Promoting Mental, Emotional, and Behavioral Health in Rural Elementary Schools  
Dates: 7/1/2022-6/30/2026  
Role: Co-Investigator  
Amount Requested: \$407,859

Student Led Grants

Source: University of South Carolina, Office of Vice President for Research, Support to Promote Advancement of Research and Creativity (SPARC)  
Title: Examining the Effects of an Adapted Therapy for Sexual Minority Individuals on their Psychological Well-Being  
Dates: 05/01/21-05/01/22  
Student Investigator: Thomas Mitchell Toomey  
Role: Faculty Mentor  
Funded Amount: \$5,000

**Professional Presentations (N = 92)**

*Peer Reviewed International, National, and Regional Presentations*

- Carlson, R. G.,** Silverio, N., & Meyer, D. (2022, January). *Relationship Education: Overview of Federal Support, Effectiveness, and Integration into Practice*. Presented at the annual International Association for Marriage and Family Counseling conference in New Orleans, LA.
- Wheeler, N. J., & **Carlson, R. G.** (2021, April). *Counseling Diverse Couples: Lessons from Relationship Education Research*. Presented at the annual American Counseling Association Conference.
- Wheeler, N. J., **Carlson, R. G.,** Sami, W., & Hipp, S. J. (2020, November). *Adverse Childhood Experiences (ACE) as Predictors of Differences in Intimate Relationship Equality, Conflict and Control*. Presented at the annual National Council on Family Relations Conference.
- Carlson, R. G.,** & Barden S. M. (2020, November). *Project Harmony: Effectiveness of PREP's Within Our Reach program in a randomized controlled trial of low-income couples*. Presented as a lightening paper in the symposium *Ongoing Lessons Learned From Evaluation Research on the Federal Health Relationship and Responsible Fatherhood Education Initiatives, 2005-2020*. Symposium presentation at the annual National Council for Family Relations Conference. Discussant: Dr. Alan Hawkins.
- Carlson, R. G.,** Griffith, S-M. A., Wheeler, N. J., & Daire, A. P. (2020, January). *Consortium for Family Strengthening Research: A Multi-University Collaborative for Community-Based Family Science Research and Mentoring in Counselor Education*. Presented at the annual World Conference for the International Association of Marriage and Family Counselors. New Orleans, LA.
- Carlson, R. G.,** Wheeler, N. J., & Liu, X. (2019, November). *A Latent Profile Analysis of Couples who Participated in Relationship Education Focused on Satisfaction, Self-regulation and well-being*. Paper presented at the National Council on Family Relations. Ft. Worth, Texas.
- Wheeler, N. J., Griffith, S-A. M., & **Carlson, R. G.** (2019, November). *Exploring Relationship Self-Regulation with Economically and Ethnically Diverse Couples Following Relationship Education*. Presented at the National Council on Family Relations. Ft. Worth, Texas.
- Carlson, R. G.,** Daire, A. P., Wheeler, N. J., & Griffith, S-A, M. (2019, September). *Consortium for Family Strengthening Research: A Multi-University Collaborative for Mentoring and Family Science in Counselor Education*. Presented at the Association for Assessment and Research in Counseling. San Antonio, TX.
- Hipp, C. J., **Carlson, R. G.,** Wheeler, N. J., & Deaton, J. (2019, September). *Dyadic Research in Qualtrics: Simple Steps to Follow*. Presented at the Association for Assessment and Research in Counseling. San Antonio, TX.



- Wheeler, N. J., Griffith, S-A, M., **Carlson, R. G.**, & Regal, R. (2019, September). *Relationship Self-Regulation with Economically & Diverse Couples*. Presented at the Association for Assessment and Research in Counseling. San Antonio, TX.
- Carlson, R. G.**, Barden, S. M., Dillman Taylor, D., & Silverio, N. (2019, August). *The Influence of Relationship Education on Dyadic Coping and Parenting*. Presented at the bi-annual grantee meeting for Healthy Marriage & Responsible Fatherhood. Washington, DC.
- Carlson, R. G.**, & Barden, S. M. (2018, November). *Community-Based Relationship Education with Low-Income Couples and Individuals*. Symposium presented at the Association for Behavioral and Cognitive Therapies. Washington, DC.
- Carlson, R. G.**, Wheeler, N. J., & Liu, X. (2018, November). *Impact of Social Capital on Family Relationships for Low-Income Couples*. Presented at the National Council for Family Relations. San Diego, CA.
- Carlson, R. G.**, & Wheeler, N. J. (2018, October). *Impact of Social Capital on Family Relationships for Low-Income Couples*. Presented at the Southern Association for Counselor Education and Supervision. Myrtle Beach, SC.
- Carlson, R. G.**, & Romagnolo, S. M. (2018, September). *Intent to attend as a facilitator of attendance and engagement in community-based relationship education*. Presented at the annual Association for Assessment and Research in Counseling conference. Richmond, Virginia.
- Dickenson, T. S., **Carlson, R. G.**, & Barden, S. M. (2018, April). *Application of a multilevel growth model with dyadic data*. Presented at the annual American Educational Research Association. New York, NY.
- Carlson, R. G.**, Daire, A. P., Gnilka, P., & Liu, X. (2017, November). *Predicting mental health based on couples' satisfaction*. Presented at the National Council of Family Relations. Orlando, FL.
- Barden, S. M., Taylor, D., & **Carlson, R. G.** (2017, November). *Investigating the preliminary impact of relationship education for ethnically diverse couples*. Presented at the National Council of Family Relations. Orlando, FL.
- Wheeler, N. J., **Carlson, R. G.**, & Griffith, S-A. (2017, October). *Addressing income-based disparities: Implications from the research*. Presented at the American Counseling Association annual conference. Chicago, IL.
- Barden, S. M., Taylor, D. D., & **Carlson, R. G.** (2017, October). *Investigating the impact of relationship education for couples: A randomized controlled trial*. Presented at the American Counseling Association annual conference. Chicago, IL.

- Ohrt, J., **Carlson, R. G.**, & Wymer, B. (2017, April). *School mental health response and resilience during the 2015 South Carolina flood*. Presented at the Southeastern School Behavioral Health Conference. Myrtle Beach, SC.
- Ohrt, J., **Carlson, R. G.**, Brodonada, T., Wymer, B., & Guest, J. (2017, March). *School mental health response and resilience during the 2015 South Carolina flood*. Presented at the American Counseling Association. San Francisco, CA.
- Gnilka, P., Conley, A., Ohrt, J., & **Carlson, R. G.** (2017, March). *The clinical vs. statistical decision making debate in counseling*. Presented at the American Counseling Association. San Francisco, CA.
- Carlson, R. G.**, Wheeler, N. J., Wymer, B. C., & Hipps, C. J. (2016, October). *Individual-oriented relationship education and changes in risk for intimate partner violence*. Presented at the Southern Association for Counselor Education and Supervision. New Orleans, LA.
- Feather, K., & **Carlson, R. G.** (2016, October). *Disability competencies: Rethinking training and standards in Counselor Education*. Presented at the Southern Association for Counselor Education and Supervision. New Orleans, LA.
- Daire, A. P., Wheeler, N. J., & **Carlson, R. G.** (2016, April). *The Triadic model: A holistic approach to working with low-income couples*. Presented at the American Counseling Association. Montreal, Canada.
- Carlson, R. G.**, Rogers, T. L., & Lipscomb, G. (2016, April). *Screening for partner violence: Presenting a new measure to help determine safety*. Presented at the American Counseling Association. Montreal, Canada.
- Carlson, R. G.**, Rogers, T. L., Wheeler, N. J., Kelchner, V. P., & Wofford, J. R. (2015, October). *The continuum of conflict and control relationship scale (CCC-RS): Psychometrics for a measure designed to discriminate among types of intimate partner violence*. Presented at the Association for Counselor Education and Supervision. Philadelphia, PA.
- Hock, R., George, M., **Carlson, R. G.**, Kumpiene, G., Weist, M., & Yell, M. (2015, September). *Perceptions of facilitators and barriers to family-school partnerships among parents of high-school youth with emotional and behavioral disorders*. Presented at the 9<sup>th</sup> World Congress on the Promotion of Mental Health & the Prevention of Mental and Behavioural Disorders. Columbia, SC.
- Daire, A. P., Dobmeier, R., **Carlson, R. G.**, & Michel, B. (2015, March). *Evidenced Based Counseling & Advocacy for Older Adults*. Presented at the 2015 American Counseling Association. Orlando, FL.

- Case-Pease, J., **Carlson, R. G.**, & Wheeler, N. (2015, March). *Couple Satisfaction, Family Service Counselor Visits, Relationship Education: What Works?* Presented at the 2015 American Counseling Association. Orlando, FL.
- Wheeler, N. J., & **Carlson, R. G.** (2014, October). *Serving the Under-served: Serving Couples and Individuals Who Are Low-Income*. Presented at the 2014 Southern Association for Counselor Education and Supervision. Birmingham, Alabama.
- Limberg, D., **Carlson, R. G.**, Ieva, K. (2014, October). *Collaboration Between Counselor Educators to Increase External Funding Opportunities*. Presented at the 2014 Southern Association for Counselor Education and Supervision. Birmingham, Alabama.
- Carlson, R. G.**, Fripp, J., Rogers, T., & Feather, K. (2014, October). *The Relationship Between Technology Usage, Stress, and Partner Violence Among Emerging Adults*. Presented at the 2014 Southern Association for Counselor Education and Supervision. Birmingham, Alabama.
- Carlson, R. G.**, Limberg, D. (2014, September). *The Contribution of Couple Demographics and Overall Couple Well-Being to Change After Attending Relationship Education*. Presented at the 2014 Association for Assessment and Research in Counseling. Moline, Illinois.
- Carlson, R. G.**, & Daire, A. P. (2014, March). *Parental Alliance for Low-income Couples and Individuals Participating in Relationship Education Workshops*. Presented at the 2014 American Counseling Association's annual conference. Honolulu, Hawaii.
- Carlson, R. G.** (2013, October). *Relationship Education with Low-Income Ethnically Diverse Couples: Challenges and Successes*. Presented at the 2013 Association for Counselor Education and Supervision annual conference. Denver, Colorado.
- Daire, A. P., & **Carlson, R. G.** (2013, October). *Developing a Sustainable and Fundable Research Agenda*. Presented at the 2013 Association for Counselor Education and Supervision annual conference. Denver, Colorado.
- Carlson, R. G.**, & Gibson, D. G. (2013, September). *Teaching Counseling Students to Measure Their Success*. Presented at the 2013 Association for Assessment and Research in Counseling annual conference. Houston, Texas.
- Carlson, R. G.**, & Daire, A. P. (2013, September). *A Comparison of High and Low Risk Couples' Outcomes in Relationship Education*. Presented at the 2013 Association for Assessment and Research in Counseling Annual Conference. Houston, Texas.
- Barden, S. M., & **Carlson, R. G.** (2012, November). *Establishing Domestic Violence Protocols in Military Settings*. Presented at the 2012 European Branch of the American Counseling Association. Wiesloch, Germany.

- Carlson, R. G.,** Young, M. E., & Daire, A. P. (2012, October). *Fragile Couples, Fragile Families: Targeting and serving economically disadvantaged clients*. Presented at the 2012 Southern Association for Counselor Education and Supervision. Savannah, Georgia.
- Carlson, R. G.,** Barden, S. M., Daire, A. P. (2012) *Measuring outcomes in relationship interventions: Challenges and strategies for success*. Presented at the 2012 Association for Assessment in Counselor Education. Orlando, Florida.
- Daire, A. P., **Carlson, R. G.,** Barden, S. M. (2012) *Developing and sustaining a research institute*. Presented at the 2012 Association for Assessment in Counselor Education. Orlando, Florida.
- Carlson, R. G.** (2012, March). *Counseling for couples with intimate partner violence: How do you know when it's safe to proceed?* Presented at the 2012 American Counseling Association. San Francisco, California.
- Carlson, R. G.,** Munyon, M. D., & Daire, A. P. (2011, October). *Continuum of Conflict and Control: Applications for supervision and practice*. Presented at the 2011 Association for Counselor Education and Supervision. Nashville, Tennessee.
- Daire, A. P., Munyon, M. D., & **Carlson, R. G.** (2011, October). *Four domains of family adjustment: A model for understanding and treating parents with special needs children*. Presented at the 2011 Association for Counselor Education and Supervision. Nashville, Tennessee.
- Carlson, R. G.,** Munyon, M. D., & Daire, A. P. (2011, May). *Marital expectations of low-income married Hispanic couples with children: A qualitative study*. Presented at the 2011 Office of Family Assistance Grantees Annual Meeting. Baltimore, Maryland.
- Munyon, M. D., **Carlson, R. G.,** & Daire, A. P. (2011, May). *Factors that influence participation of low-income married couples in marriage and relationship education programs*. Presented at the 2011 Office of Family Assistance Grantees Annual Meeting. Baltimore, Maryland.
- Daire, A. P., & **Carlson, R. G.** (2010, October). *A domestic violence protocol readiness model: A guide for establishing dv protocols*. Presented at the 2010 Southern Association for Counselor Education and Supervision. Williamsburg, Virginia.
- Carlson, R. G.,** Jones, K. D., & Bell, C. H. (2010, October). *Continuum of conflict and control: A conceptualization of intimate partner violence typologies*. Presented at the 2010 Southern Association for Counselor Education and Supervision. Williamsburg, Virginia.
- Daire, A.P., **Carlson, R. G.,** Munyon, M., & Soto, D. (2010, March). *Establishing domestic violence protocols for couples counseling and relationship education interventions*. Presented at the 2010 American Counseling Association conference. Pittsburgh, Pennsylvania.

**Carlson, R. G.**, Daire, A.P., & Munyon, M. (2010, March). *Utilizing marital and relationship education (MRE) techniques in couples counseling*. Presented at the 2010 American Counseling Association conference. Pittsburgh, Pennsylvania.

McCloud, C., Daire, A. P., Ascher, D., & **Carlson, R. G.** (2009, October) *What is the Role of Counselor Educators in Meeting the Mental Health Needs of Military Families?* Presented at the Association for Counselor Education and Supervisors (ACES) Annual Conference. San Francisco, CA.

Roberts, K. M., Robi, S. E., Munyon, M. D., & **Carlson, R. G.**, (2009, July). *Recruitment: Lots of Pot and Food*. Presented at Smart Marriages Conference. Orlando, FL.

**Carlson, R. G.**, & Daire, A. P. (2009, August). *Follow The Yellow Brick Road of Data*. Presented at the Office of Family Assistance Grantee Conference. Washington, DC.

Daire, A. P., Munyon, M. D., & **Carlson, R. G.** (2008, July). *PAIRS: For Our Future/For Our Family*. Presented at Smart Marriages Conference. San Francisco, CA.

Daire, A. P., Vogel, J. & **Carlson, R. G.** (2005, January) *Perimenopause and Sexuality: Implications for Couples Counseling*. Presented at the 1<sup>st</sup> Annual International Association of Marriage and Family Counselors Conference. New Orleans, LA.

Young, M. E, Daire, A. P., Vogel, J., **Carlson, R. G.**, Negron, M., & Limberg, D. (2005, January). *Healthy marriage initiative at a community counseling clinic*. Presented at the 1<sup>st</sup> Annual International Association of Marriage and Family Counselors Conference. New Orleans, LA.

#### *Peer Reviewed Local and State Presentations*

Gordon, R. A., Gao, R., Go, J., & **Carlson, R. G.** (2022, June). *Examining group differences by intervention hours attended for couples randomly assigned to receive relationship education*. Presented at the South Carolina Association for Marriage and Family Therapy.

Rothschild, H. T., & **Carlson, R. G.** (2019, April). *A correlational study of ethnically diverse individuals in relationship education and their attendance*. Presented at the UofSC Discovery Day for undergraduate research.

**Carlson, R. G.** (2016, April). *Promoting Child Outcomes Through Family Engagement in Relationship Education*. Presented at the South Carolina Behavioral Health Conference. Myrtle Beach, SC.

**Carlson, R. G.**, & Rogers, T. (2015, February). *Couples Counseling and Intimate Partner Violence: When is it safe?* Presented at the South Carolina Counseling Association's Annual Conference. Hilton Head, SC.

**Carlson, R. G.,** Jones, K. D. (2010, February). *Continuum of Conflict and Control: A Conceptualization of Intimate Partner Violence*. Presented at the UCF Counselor Education Annual Conference. Orlando, FL.

**Carlson, R. G.,** Livingston, T., & Negron, M. (2004). *Assessments in Couples Counseling*. Presented at the Annual Stronger Marriages, Stronger Families Conference. Orlando, FL.

#### *Invited Presentations*

**Carlson, R. G.** (2022, February). *Developing Research Questions for an Impact Evaluation*. Invited panelist for cross-site local evaluation webinar. Administration for Children and Families, Office of Family Assistance.

**Carlson, R. G.** (2021, June). *Supporting Parents of Children with Disabilities*. Invited presenter for the monthly Behavioral Alliance of South Carolina (BASC) Webinar.

**Carlson, R. G.,** & Silverio, N. (2021, January). Invited panelist for the Marriage and Family Strengthening Research Center (MAST) Center webinar series, third webinar: *Researcher-Practitioner Continued Conversations: /disseminating Program Implementation and Outcome Evaluation Data from Beginning to End*.

**Carlson, R. G.,** & Wheeler, N. J. (2020, December). *Grant Writing in Counselor Education: Strategies for Identifying & Developing Strong Proposals*. Presented virtually for the Southern Association for Counselor Education's Monthly Webinar Series.

**Carlson, R. G.** (2020, September). *Pandemic Parenting: Coping Strategies for Working Parents*. Presented to the University of South Carolina Staff Professional Development online webinar series.

**Carlson, R. G.,** & Carroll, N. (2020, September). Invited panelist for the Marriage and Family Strengthening Research Center (MAST) Center webinar series, second webinar: *Communicating through implementation challenges: Conversations in Research-Practitioner Partnerships*.

**Carlson, R. G.,** & Silverio, N. (2020, August). Invited panelist for the Marriage and Family Strengthening Research Center (MAST) Center webinar series, first webinar: *Selecting a Program Evaluator*.

**Carlson, R. G.** (2019, December). *Change Nuggets*. Presented at the Oklahoma City Research Advisory Group. Oklahoma City, Ok.

**Carlson, R. G.** (2018, December). *Intent to Attend as a Facilitator of Attendance in Community-Based Relationship Education*. Presented at the Oklahoma City Research Advisory Group. Oklahoma City, Ok.

- Carlson R. G.** (2017, December). *Triadic Challenges Facing Vulnerable Families in Relationship Education*. Presented at the Oklahoma City Research Advisory Group. Oklahoma City, Ok.
- Carlson, R. G.** (2015, November). *Communicating to Create Connection*. 1<sup>st</sup> Annual Healthy Homes Conference. Lexington, SC.
- Carlson, R. G.** (2014, September). Invited panelist by Mullen, P. R. and Wood, A. *Grant Writing Panel Presentation and Discussion*. Conducted at the Association for Assessment and Research in Counseling. Moline, Illinois.
- Carlson, R. G.** (2014, May). *Ten Years of CRE: Has It Been Worth It?* Keynote Address, 10 Year Anniversary of the UCF MFRI. Orlando, FL.
- Carlson, R. G.** (2014, April). *Couples and Relationship Education: Overview of Research and Practical Applications in Therapy*. Christian Mental Health Network. Columbia, South Carolina
- Carlson, R. G.** (2013, May). *Strengthening Hispanic families through strong relationships and healthy marriages: What we know and don't know*. Administrations for Children and Families' Hispanic Healthy Marriage, Fatherhood and Strengthening Families Forum. Miami, Florida.
- Duxler, M., **Carlson, R. G.**, Munyon, M. D., & Baker, J. (2011, June). *Innovative marriage strengthening programs in the US: A five-year retrospective*. The Kansas Family Strengthening Summit. Wichita, Kansas.
- Munyon, M. D., **Carlson R. G.** (2011, June). *Research and practice initiatives for marriage and relationship education*. Plenary Address - The Kansas Family Strengthening Summit. Wichita, Kansas.
- Carlson, R. G.** (2009). *Life after graduation*. Keynote Address – Chi Sigma Iota, Upsilon Chi Chapter Initiation and Banquet.
- Community Presentations*
- Carlson, R. G.** (2019, April). *Citizens review panel – Domestic violence*. Columbia, SC.
- Carlson, R. G.** (2018, January). *Screening for partner violence*. Richland County School District Two's Intervention Services. Columbia, SC.
- Carlson, R. G.** (2016, March). *Screening for partner violence*. Richland County School District Two's Intervention Services. Columbia, SC.
- Carlson, R. G.** (2014, April). *Take Hold...Of Your Relationships!* East Lake Community Church. Irmo, SC.

**Carlson, R. G.** (2014, April). *Continuum of Conflict and Control: Partner Violence Typologies and Current Protocol Trends*. Richland County School District Two's Intervention Services. Columbia, SC.

**Carlson, R. G.** (2012). *Navigating the Seas of Emotions: Strategies for a successful marriage*. Early Steps Program. Orlando, FL.

**Carlson, R. G.** (2010). *Parent mentor training*. Downe's Syndrome Association of Central Florida. Orlando, FL.

**Carlson, R. G.** (2010). *Addictions and the family*. Supporting Healthy Marriages Together Project Booster Session.

**Carlson, R. G.,** Hiett, J., & Mitchell, S. (2009). *Navigating the Seas of Emotions: Strategies for a successful marriage*. Early Steps Program. Orlando, FL.

Daire, A. P. & **Carlson, R. G.** (2008). *Strategies for Successful Relationships*. Spina Bifida Association of Central Florida. Orlando, FL.

Daire, A. P. & **Carlson, R. G.** (2007). *Navigating the Seas of Emotions: Strategies for a successful marriage*. Early Steps Program. Orlando, FL.

## Teaching

### *Teaching Experience*

#### *Instructor*

##### University of South Carolina

EDCE 716	Leaders in Counselor Education – EdS Students in MCFC track
EDCE 714	Mental Health Counseling – EdS Students
EDCE 822	Advanced Practicum - PhD Students
EDCE 813	Professional Issues in Counselor Education - PhD students
EDCE 855	Internship in Counselor Education - PhD Students
EDCE 720	Theories of Counseling - EdS Students
EDCE 503	Family Counseling - EdS Students
EDCE 711	Advanced Family Counseling - EdS Students

##### University of Central Florida

MHS 2330	Career Planning - Undergraduate
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#### *Co-Instructed Courses*

MHS 6500	Group Counseling - Spring 2011, Instructor – Dr. Gulnora Hundley
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MHS 6401 Techniques in Counseling - Fall 2010, Instructor – Dr. Andrew P. Daire

*Teaching Assistant*

MHS 5005 Introduction to The Counseling Profession - Fall 2009 and Spring 2010, Instructor – Dr. S. Kent Butler

*Guest Lectured*

EDCE 705 Educational Measurement – Fall 2018-2021 – Experimental Designs – Dr. Dodie Limberg

SOW Advanced Social Work Practice with Families (UofSC) – Spring 2014, Presented – Couples and Relationships Education: Overview of Research and Practical Applications in Therapy, Instructor – Dr. Robert Hock.

MHS 6440 Couples Counseling - Summer 2011, Presented – Marriage and Relationship Education Tools in Couples Counseling, instructor – Dr. Shea Hughes-Brand

MHS 6440 Couples Counseling - Summer 2011, University of Central Florida, presented – PAIRS *For Our Families, For Our Future*, Instructor – Dr. Gulnora Hundley

COM 3013 Communication and the Family - Spring 2011, presented Mental Health Stressors And Their Affect On Family Functioning, Instructor – Dr. Harry Weger, Jr.

MHS 6407 Counseling for Wellness - Fall 2010, presented Maintaining a Healthy Relationship, Instructor – Dr. Mark E. Young

MHS 6440 Couples Counseling - Summer 2009, presented – Marriage and Relationship Education, Instructor – Dr. Shea Hughes-Brand

MHS 6465 Counseling Victims and Perpetrators, Summer 2009, presented – Domestic Violence Protocol: MRE & Therapy, Instructor – Dr. K. Dayle Jones

## Service

### *Student Dissertations/Thesis*

#### *Dissertation Chair*

\* Indicates student accepted academic position post-graduation

\*Fripp, J.A. *The Effect of Attitude and the Influence of Stigma on the Help Seeking Behavior of People of Color in Mental Health Services*. Defended, Spring 2015

Lowe, C. *Measuring the Self-Perceived Transformational Leadership Skills of School Counselors: A Comparison Across Settings*. Defended, Spring 2016

\*Rogers, T.L. *Examining the Effect of Feminist Self-Labeling and Feminist Perspectives on Self-Efficacy of Young Adults*. Defended, Spring 2016

\*Cook, C. *Post Traumatic Growth Development: Examining the Effects of Core Belief Disruption, Event Centrality, and Time Since Trauma*. Defended, Spring 2017

\*Adams, J. J. *A Narrative Study of Black Males' Sense of Belonging in Graduate Counseling*. Defended, Spring 2018

\*Bates, D. *A Comparative Case Study of the Experiences of Convicted African-American Fathers*. Defended, Spring 2018

Hipp, C. J. *Examining the influence of technoferece on sexual satisfaction and relationship satisfaction using actor-partner interdependence modeling among young adult couples.* Defended, Spring 2019.

Fleming, A. *A theoretical formulation of best practices in balancing administrative and clinical supervision: Perceptions of exemplar dual role licensed supervisors in community behavioral and mental health agencies.* Defended, Spring 2020.

Toomey, T. M. *Examining the Effects of Well-Being Therapy on Sexual Minority Clients' Psychological Well-Being.* Defended, Spring 2022

^SPARC Grant Recipient from the UofSC Office of VP for Research (\$5,000).

#### *Dissertation Committee Member*

\* Indicates student was/is out of department

Dr. Renee Sherrell – University of Central Florida. Defended Spring 2014

Dr. Tara Darby – University of South Carolina. Defended Fall 2014

Dr. Cristina Braga – University of South Carolina. Defended Spring 2015

Dr. Angelica Greiner – University of South Carolina. Defended Spring 2015

Dr. Viki Kelchner – University of South Carolina. Defended Spring 2015

Dr. Melissa Swartz – University of South Carolina. Defended Spring 2015

Dr. Nicole Cavanagh – University of South Carolina. Defended Summer 2015

Dr. Tanesha Boyd – University of South Carolina. Defended Spring 2016

Dr. James Brown – University of South Carolina. Defended Spring 2016

Dr. Justin Muller – University of South Carolina. Defended Spring 2016

Dr. Lorell Gordon – University of South Carolina. Defended Summer 2016

Dr. Toyin Adeyemi – University of South Carolina. Defended Fall 2016

\*Dr. Naomi Wheeler – University of Central Florida, Department of Child, Family and Community Sciences. Defended Spring 2017

Dr. Katherine Feather – University of South Carolina. Defended Spring 2017

Dr. Tiffany Bordonada – University of South Carolina. Defended Spring 2017

\*Dr. Katie Knies – University of South Carolina, Department of Psychology. Defended Summer 2017

Dr. Shannon Romagnolo – University of South Carolina. Defended Spring 2018

Dr. Rufus Wofford – University of South Carolina. Defended Spring 2018

\*Dr. Lumi Bakos – University of South Carolina, College of Public Health. Defended Spring 2019

Dr. Brooke Wymer – University of South Carolina. Defended, Spring 2019

Dr. Jessie Guest - University of South Carolina. Defended Spring 2019

Dr. Donya Wallace - University of South Carolina. Defended, Spring 2019

\*Dr. Daniel Friend – University of Illinois. Defended, Spring 2020

Dr. Jennifer Deaton – University of South Carolina. Defended, Spring 2020

Dr. Esther McCarthy – University of South Carolina. Defended, Spring 2021

Dr. Katy Linich – University of South Carolina. Defended, Summer 2021

\*Rachel Regal – Virginia Commonwealth University, Department of Counseling and Special Education. Anticipated Defense, Spring 2022

#### *Honors Thesis Committees*

Chair, Amanda Maher – Honors Student at the University of South Carolina. *A Brief Summary of the United States Nonprofit Sector & Handbook for Starting Your Own Nonprofit*. Defended, Spring 2013.

Second Reader, Vincent Ylagan – Honors Student at the University of South Carolina. *The Role of Design in the Psychotherapist's Office*. Defended, Spring 2021.

### ***Editorial Experience***

2020-2023 **Advisory Editor:** *Family Process*  
 2020-2023 **Editorial Board Member:** *Journal of Counseling & Development*  
 2020-2025 **Editorial Board Member:** *Journal of Marital and Family Therapy*  
 2021-Present **Reviewer:** *Journal of Child and Family Studies*  
 2021-Present **Reviewer:** *Journal of Family Violence*  
 2020-Present **Reviewer:** *Journal of Social and Personal Relationships*  
 2020 **Reviewer:** *Journal of Family Theory & Review*  
 2019-Present **Reviewer:** *Family Relations*  
 2018-2019 **Reviewer:** *Journal of Marital and Family Therapy*  
 2018-Present **Reviewer:** *Journal of Couple and Relationship Therapy*  
 2017-2020 **Reviewer:** *Family Process*  
 2016-2020 **Reviewer** – *Journal of Family Psychology*  
 2017-2020 **Reviewer** – *Measurement and Evaluation in Counseling and Development*  
 2016-2018 **Associate Editor of Quantitative Research** – *Counseling and Values Journal*  
 2012-2017 **Editorial Board Member** - *Measurement and Evaluation in Counseling and Development*  
 2012-2016 **Editorial Board Member** - *Counseling and Values Journal*  
 2010-2014 **Editorial Board Member** - *Counseling Outcome Research and Evaluation Journal*  
 April 2016 **Invited Article Editor:** *Sage Open Access Journal*  
 March 2014 **Invited Article Editor:** *Sage Open Access Journal*  
 May 2012 **Invited Guest Reviewer:** *Cross-Cultural Research*

### ***Professional Organizations***

#### *Current Member*

National Council on Family Relations (NCFR)  
 American Counseling Association (ACA)  
 International Association of Marriage and Family Counselors (IAMFC)  
 \*ACA Governing Council Representative: 2021-2024  
 Association for Counselor Educators and Supervisors (ACES)  
 Southern Association for Counselor Educators and Supervisors (SACES)  
 \*Chair, Research Task Force: 2019-2020  
 Association for Assessment and Research in Counseling (AARC)  
 Chi Sigma Iota International Honors Society  
 UofSC Research Consortium on Children and Families

*Past Member*

American Mental Health Counseling Association (AMHCA)  
 South Carolina Association for Licensed Professional Counselors  
 \*Past member of Board of Directors  
 South Carolina Counselors Association  
 European Branch – American Counseling Association (EB-ACA)  
 University of Central Florida Counselor Education Doctoral Student Organization (CEDSO)  
 \*Past-President UCF CEDSO (2010-2011)

*University*

2021-2022	UofSC Faculty Senator, College of Education (CoE) Representative
2020-2021	<b>Chair</b> , UofSC College of Education Curriculum Committee
2020-2021	UofSC College of Education Steering Committee
2021	Member, search committee for CoE grants coordinator
2020	Member, search committee for clinical assistant professor in counselor education
2020	Member, search committee for the Director of the Office of Assessment and Accreditation
2019 – 2020	UofSC graduate curriculum committee for the humanities and social sciences
2018-2020	UofSC College of Education Curriculum Committee
2018-Present	<b>Coordinator</b> , UofSC College of Education Center for Community Counseling
2018-2019	UofSC Faculty Senator, College of Education Representative
2018	UofSC College of Education Holmes Scholar Selection Committee
2017-2018	College of Education Advanced Programs and Governance Committee
2017	Reviewer – UofSC Provost Social Sciences Grants
2017-2020	College of Education Research Institute Leadership Committee
2016-Present	<b>Co-Coordinator</b> , Mental Health Counseling Track in Counselor Education
2016	Ad hoc Department of Educational Studies Annual Performance Review Revisions Committee
2015	Reviewer – UofSC Office of VP for Research, ASPIRE Grants
2015-2017	UofSC Faculty Senator, College of Education Representative
2015-2016	UofSC, College of Education Strategic Planning Committee
2013-2017	<b>Chapter Faculty Advisor</b> for UofSC Chi Sigma Iota, Upsilon Sigma Chi Chapter
2013-2015	Faculty Affairs Committee, Department of Educational Studies, UofSC
2012-Present	UofSC Marriage, Couples, and Family Counseling Advisory Board
2010-2012	UCF Counselor Education Advisory Board
Fall 2011-2012	UCF Admissions & Standards Committee: <i>Graduate Student Representative</i>

## Community

2021	Regulatory Task Force appointee for the South Carolina License and Regulatory Board for Licensed Professional Counselors, Marriage and Family Therapists, and Licensed Addictions Counselors.
2019-2020	<b>Member</b> - Richland County Domestic Violence Coordinating Council
2017-2018	<b>Outside Expert:</b> Committee member for senior thesis at Heathwood Hall
2016-2018	<b>Acts Metro:</b> Family consultant and mentor trainer
2016-2017	<b>Board Member:</b> South Carolina Association for Licensed Professional Counselors
2015-2019	<b>National Multiple Sclerosis Society:</b> Provider Outreach & Engagement Work Team for Mental Health Professionals
2013-2016	<b>Acts Metro:</b> Mentor and Family Consultant

## Advanced Training

2021	Gottman Level 1 Training
2021	<i>OurRelationship</i> online approach to couple relationship education training conducted by Drs. Brian Doss and McKenzie Roddy
2019	Missing data and analysis of incomplete data sets, conducted by Dr. Tenko Raykov
2018	Discernment Counseling for couples on the brink of divorce, conducted by Dr. Steven Harris
2017	Dyadic Data Analysis with Multilevel Modeling using R, conducted by Drs. David Kenny and Randi Garcia
2011	<i>PREP Within My Reach</i>
2010	<i>SACES Emerging Leadership Workshop</i> , conducted by Drs. Don C. Locke and Pam Paisley
2010	<i>Domestic Violence Refresher</i> , conducted by Harbor House
2010	<i>Working with Military Veterans and Their Families</i> , Orlando VA Medical Center
2009	<i>PREP (Prevention Relationship and Education Program) 7.0</i> conducted by Drs. Scott Stanley, Howard Markman, and Galena Rhoades
2009	<i>Domestic Violence Refresher</i> , conducted by Harbor House
2008	<i>Domestic Violence 101</i> , conducted by Harbor House
2008	<i>Supervisory Skills Training</i> , conducted by Dr. Cal Stoltenberg
2008	<i>PAIRS Level III Master Training</i> , conducted by Seth Eisenberg
2007	<i>PAIRS For Our Family, For Our Future</i> , conducted by Seth Eisenberg
2006	Partners For Excellence in Psychiatry (PEP); Neuroscience Treatment Team Partner (NTTP)
2005	<i>PREPARE/ENRICH</i> , conducted by Drs. David Olson and Peter Larson
2005	<i>Young &amp; Long's Integrative Model for Brief Couples Counseling</i> , conducted by Dr. Mark Young

(Updated May 16, 2022)